











# What You See Depends on Where You Stand

*Step back to find clarity and release what is not yours to carry*

**Encouragementology®**  
*the practice of instilling hope*

## REFLECTION

**What have you learned about where you stand and how it shapes what you see?**

- How has your perspective changed through this process
- What feels lighter or more manageable now
- What will you carry forward from this experience

